Welcome to Mother Earth Midwifery!

 I am so excited to be working with you to create the birth experience that is just right for you. My philosophy has always been “Mother knows best” and that is how I run my practice. I take cues from you. I invite you to use my knowledge and experience as your tool to help you craft the birth you envision, the one that is unique to you. Through regular meetings over the next few months we will get to know each other well, and together we will devise a plan for you individually that meets your desires and specific needs.

 Pregnancy is such a special time in life. I feel it makes you more sensitive and aware of the revolving circle that is life. This is very profound (and sometimes confusing) for many people. I thank you for looking to me as guide in this special time, and for inviting me into your home. I look forward to serving you.

Very truly yours,

Helen Stockton

Mother Earth Midwifery